



Global Mental Health Peer Network



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Mental Health & Legislation in Chile - Lessons and Global Experiences



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Mental Health & legislation in Chile



Our Global Manager Sandra Ferreira, attended an international seminar in Santiago, Chile titled: Mental Health & legislation in Chile - Lessons and Global Experiences. Sandra contributed and presented to a public discussion about the dimensions, contents and mandates that a comprehensive mental health law should have within the contexts of lived experience. The seminar was followed by a trip to a primary care facility in Alto Puente and open dialogues with various mental health stakeholders within the Ministry of Health and the mental health community at large.

GMHPN CEO Lecture-Indian Law College



Our CEO, Charlene Sunkel presented a few lectures in South Africa and India focusing on the following:

- Key Rights of People with Lived Experience of a Mental Health Condition
- Role of persons with lived experience and peer-led organizations in realizing CRPD - experience from South Africa
- Empowerment and lived experience leadership development in mental health - the GMHPN

GMHPN CEO Lancet Publication

Our CEO, Charlene Sunkel contributed widely to the **The Lancet Commission on ending stigma and discrimination in mental health**. Stigma is a powerful force for social exclusion. In a 2022 survey by the Global Mental Health Peer Network, 80% of more than 400 participants in 45 countries worldwide agreed that "stigma and discrimination can be worse than the impact of the mental health condition itself". The importance in advocacy in the efforts to end stigma & discrimination cannot be underestimated.

[Click for more info](#)





Deputy CEO Publication for World Association for Psychosocial Rehabilitation

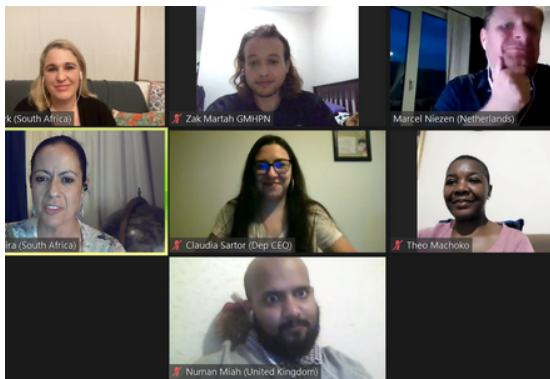
Our Deputy CEO, Claudia Sartor wrote a paper for the WAPR bulletin on **Strengthening the call to involve mental health care service users and their families in psychosocial rehabilitation programmes.** This paper explores the benefits and value of involving mental health care service users in psychosocial rehabilitation but also encourages greater discussion on the reasons and the way in which to successfully do so via a holistic model of care and service delivery in global mental health. Read more via the link below.

[Click for more info](#)

GMHPN-Global Office End Year Meet

Our Global office held an end year meet to close out the year in style. We discussed the highlights and challenges of 2023 personally and professionally.

We shared our expectations for 2024 in terms of GMHPN. We committed to taking the holiday season to rejuvenate our bodies and minds as we look forward to an energized 2024.



GMHPN-CLC End Year Check-in

GHMPN held an end year meet with our CLC members to thank the members for all their work. It was a time to reflect on how GHMPN has impacted our lives in 2023 and our hopes and aspirations for 2024 GMHPN members representing our countries. We look forward to what's to come and thank all our memebers for their valuable contributions throughout 2023.

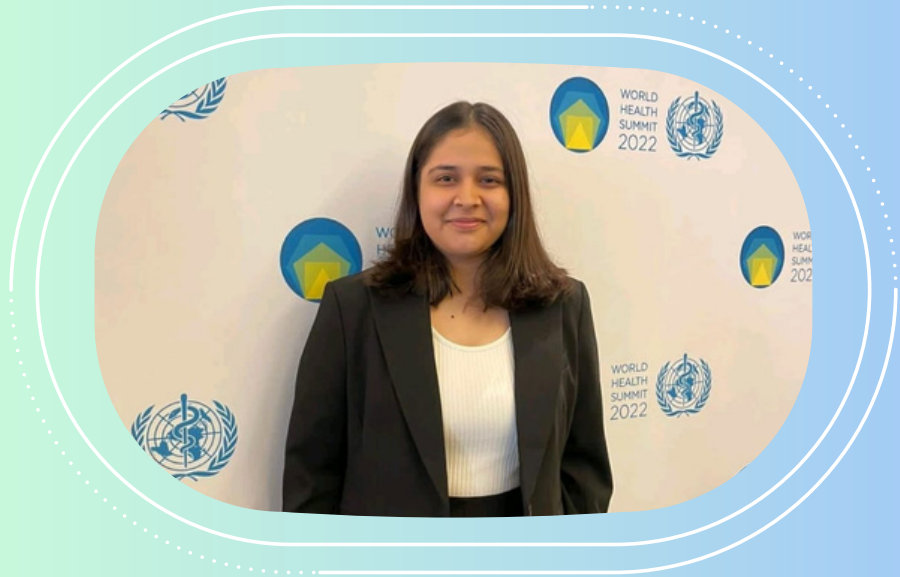


GMHPN 2023 Snapshot

A snapshot of 2023 - it has been a remarkable year that took us places where we had opportunities to contribute our lived experience expertise across continents. We thank all our staff, members, partners and stakeholders for your continued support!

[Watch here](#)

MANVI TIWARI



Manvi joined the GMHPN in 2020 as one of our youngest members. Her devotion and impact within our network and beyond is indicative of her passion, dedication and sheer wisdom that touched so many of us. Beyond her incredible work she was kind, a friend to all and so beautifully genuine in all that she was and leaves behind. Many of us didn't have the honour of meeting Manvi in person but even through a Zoom screen, her presence had the power to 'hug' and hold us all.

RIP dear friend.



in loving
MEMORY



GMHPN member

TRIBUTES

"Very saddened to learn of the loss of my friend, Manvi Tiwari from Bombay, India. She was part of the Global Mental Health Peer Network for the past 3 years, as I have been. Manvi was working on a project to convert mental health literature in her region into plain language. This is the kind of person she is. The world will miss her. "

"I'm actually very sad about it. Manvi was such a beautiful person inside and out, and was a joy to be around with. I will definitely miss her"

"Very sad and shocking news to us, my deepest condolences. We contacted a lot throughout these years."

"The news broke my heart! It's unbelievable, I'm still struggling to process and accept it! She'll be missed."

"I'm so sorry to hear this. I loved Manvi's pure spirit. May God's peace envelope and embrace the family at this time."

"Saddened to learn about this. She was an inspiration for many of us."

"I don't think there are the right words to express how much we will miss her "

"There is a hole in the heart of our group today. Shattered. You will be sorely missed Manvi. An inspiration beyond her years."

"This is really so sad. Its such heartbreaking news. May she rest in peace"

"Manvi is such a beautiful soul. The energy and the commitment she had was inspiring. Going to miss her a lot"



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MENTAL
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PEER NETWORK

Unapologetically Experts By Experience



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GMHPN member

TRIBUTES

"Heartbreaking and a huge loss! May she rest in peace"

"I'm at a loss for words.. Manvi was such a kind, beautiful soul. We worked together on her TED talk. I was so inspired by her resilience and courage to push through, to make the world a better place through her story. She'll forever be remembered as such. Rest in peace Manvi. I'm proud of you and will miss you so much."

"May her soul rest in peace. I am so sad hear this news. I am gonna miss her a lot"

"I'm shocked to learn we lost one of our own. Truly this is a great loss . I hope we can share solace and support at this time, for the memory of Manvi and her family who must be grieving. As a member of her peer community, I will honor her contributions and gifts."

"I am very sad to hear this news. My deepest condolences. She has left us but the memory will stay forever in our heart. Manvi has a beautiful heart, who helped many by her words and actions.

I will miss her a lot, and realizing that she would not join GMHPN South Asia meeting anymore, I just met her there first, also her courage and advice. Hugs for everyone, such a great loss"

"What shocking news, my deepest condolences to miss Manvi may her soul rest in peace!"

"Manvi, our shining bright star, will be truly missed. This is absolutely surreal. Our hearts are sore. May her gentle soul rest in peace"

"Really sad news. She left a legacy, rest well Manvi"

