



Global Mental Health Peer Network



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RISING ABOVE STIGMA MENTAL HEALTH SUMMIT KENYA 2023

INSIDE THIS ISSUE

- Mental Summit in Kenya
- WMHD Webinars
- Global Articles and Publications



GMHPN Founder and CEO Presents at Rising Above Summit in Kenya

Our Founder and CEO, Charlene Sunkel, presented at the Rising Above Stigma 2023 Mental Health Summit in Kenya on the key findings and recommendations of the Lancet Commission on Ending Stigma and Discrimination in Mental Health



National Coalition for Mental Health Recovery Recognizes World Mental Health Day

Our Country Leadership Committee member, Laura Van Tosh wrote an article for the National Coalition for Mental Health Recovery for the World Mental Health Day 2023. Thank you for your valuable contributions, Laura.

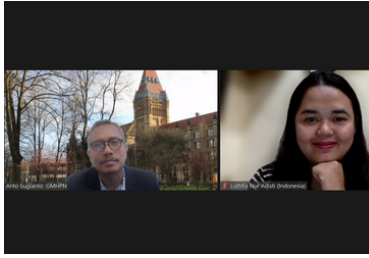
[Click for more info](#)



Irish Global Health Network Webinar for WMHD

Julieann Cullen, our EU chairperson presented at this webinar hosted by Irish Global Health for WMHD. The webinar was centered around Addressing Global Mental Health Priorities. Julieann shared her own lived experience, professional experience and caregivers experience, providing key insights on stigma both in Ireland and globally. She highlighted the role GMHPN is playing in Europe and other regions with regards to empowering people with lived experiences.

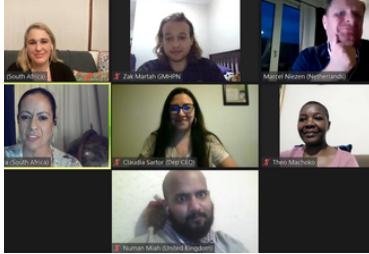
[Watch the Webinar](#)



Unpacking WMHD theme: "Mental Health is a Universal Right"

The GMHPN Asia/Oceania team region hosted a webinar aimed at unpacking this year's WMHD theme through an interactive discussion. The webinar was moderated by Agus Sugianto (Indonesia) and the guest speaker was Luthfia Nur Adisti (Indonesia)

[Watch the Webinar](#)



Trauma Induced Addiction & Different Treatment Modalities

The GMHPN Southern Africa region, chaired by Theopolina Machoko (Namibia), hosted a webinar on Trauma Induced Addiction and different treatment modalities. Addiction has affected us directly or indirectly. The webinar was moderated by Sandra Ferreira (South Africa). The guest speakers were Marcel Niezen (Netherlands), Elza Berk (South Africa), Numan Miah (United Kingdom)

[Watch the Webinar](#)

Lived Experience Perspective - Jenny Smith

Our Country Leadership Committee Member, Jenny Smith, from Australia shared her lived experience in powerful article shared with GMHPN. Her story is one of resilience, inspiration, and most importantly the power of lived experience. Her contributions to the lived experience movement are a confirmation that people with lived experience do contribute immensely to the mental health space. The full article is accessible via the link below



[Click for more info](#)



World Suicide Prevention Day 2023: Creating Hope through Responsible Media Reporting

Our Country Leadership Committee member, Edwin Mburu, from Kenya wrote an article to commemorate this years World Suicide Prevention Day. The article focused on responsible mental health reporting by the media and how they can promote this years theme and going forward by observing guidelines that promote help-seeking behavior, creating awareness and reducing stigma associated with suicide. The full article can be accessed using the link below.

[Click for more info](#)



Represented at the World Congress on Psychiatry in Vienna

Our Founder and CEO, Charlene Sunkel presented at the World Congress on Psychiatry in Vienna, Austria.

Presentation topics: Placing people with lived experience central to anti-stigma efforts; What the recovery approach means to Psychiatry; and Panel discussion on Coercion and the CRPD

How do people conceptualize self-harm recovery and what helps in adolescence, young and middle adulthood? A qualitative meta-synthesis

Our Country Leadership Committee Member, Caroline da Cunha Lewin, from UK published her master's dissertation. It was written with reference to her lived experience of self-harm. The full article is accessible via the link below

[Click for more info](#)



World Psychiatric Association awarded our founder and CEO, Charlene Sunkel a Presidential Commendation

Our Founder and CEO, Charlene Sunkel, received a Presidential Commendation from the World Psychiatric Association for her extraordinary contributions to the work of the World Psychiatric Association and the advancement of psychiatry and mental health across the world.



Exploring gaps and opportunities to enhance youth mental health

Our Deputy CEO, Claudia Sartor, attending an event on exploring gaps and opportunities to enhance youth mental health data and psychosocial interventions in Low-and-Middle- Income Countries: Expert Gathering

October 24-25 in New York, USA



New Global Office Appointment

We are delighted to announce that Edwin Mburu has joined our Global Office. Edwin has taken on the position as our Social Media Officer to ensure that we amplify our presence across all social media platforms.

